

LINE › FreeMotion  
 TYPE › selectorized

# SEATED QUAD

MODEL › GZFM6018



## FEATURES AND BENEFITS

**Butterfly Pulley** › With a deeper “V” shape, this pulley ensures cable tracking and wider range of motion.

**Independent Leg Movement** › Harnesses move independently to allow both single and dual leg exercises.

**Traditional Seated Position** › A supported position is ideal for traditional and first-time exercisers. To further challenge the body, advanced users may perform exercises off the backrest.

**Foot Harness** › Specially designed harness fits a wide variety of users.

**Handgrips** › Users can grasp the handgrips for added stability and isolation.

**Weight Stack** › Enclosed weight stack limits access to moving parts for user safety.

**Industrial Construction** › Equipment is built with 11- and 7-gauge steel and is electrostatically powder-coated.

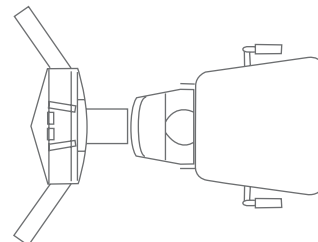
**Kick Plates** › 16-gauge, stainless steel kick plates protect the machine from wear and tear.

## SPECS › Selectorized Seated Quad

MODEL GZFM6018

<b>Dimensions (LWH)</b>	54" x 42" x 73" (137 cm x 107 cm x 185 cm)
<b>Effective Resistance</b>	1 leg – 100 lbs. (45.5 kg) 2 legs – 200 lbs. (91 kg)
<b>Weight Stack Configuration</b>	5 – 50 x 5 lbs. (2.25 – 22.75 x 2.25 kg) 60 – 200 x 10 lbs. (27.25 – 91 x 4.5 kg)
<b>Weight</b>	725 lbs. (330 kg)
<b>Cable Diameter</b>	3/16-inch rated to 2,000 lbs.

Top View



### › WARRANTY

10 YEARS: STRUCTURAL FRAME

3 YEARS: BEARINGS, GUIDE RODS, PULLEYS, WEIGHT STACKS

1 YEAR: CABLES

1 YEAR: LABOR

120 DAYS: UPHOLSTERY, HANDLES & ACCESSORIES