

LINE › FreeMotion
 TYPE › selectorized

OVERHEAD TRICEP



MODEL › GZFM6019



FEATURES AND BENEFITS

Swivel Pulleys › Pulley design ensures fluid cable travel and provides nearly unlimited range of motion.

Independent Arm Movement › Handles move independently for a wide variety of triceps exercises and single arm movements.

Traditional Seated Position › A supported position is ideal for traditional and first-time exercisers. To further challenge the body, advanced users may perform exercises off the backrest or standing.

Cable Travel › Extensive cable travel allows for full exercise extension, single arm: 80 inches (203 cm), two arms: 40 inches (102 cm).

Weight Stack › Enclosed weight stack limits access to moving parts for user safety.

Industrial Construction › Equipment is built with 11- and 7-gauge steel and is electrostatically powder-coated.

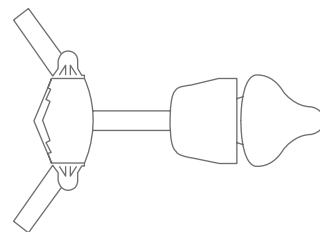
Kick Plates › 16-gauge, stainless steel kick plates protect the machine from wear and tear.

SPECS › Selectorized Overhead Tricep

MODEL GZFM6019

Dimensions (LWH)	48" x 36" x 73" (122 cm x 92 cm x 185 cm)
Effective Resistance	1 arm – 75 lbs. (34 kg) 2 arms – 150 lbs. (68 kg)
Weight Stack Configuration	5 – 50 x 5 lbs. (2.25 – 22.75 x 2.25 kg) 60 – 150 x 10 lbs. (27.25 – 68.25 x 4.5 kg)
Weight	450 lbs. (205 kg)
Cable Diameter	3/16-inch rated to 2,000 lbs.

Top View



› WARRANTY

10 YEARS: STRUCTURAL FRAME

3 YEARS: BEARINGS, GUIDE RODS, PULLEYS, WEIGHT STACKS

1 YEAR: CABLES

1 YEAR: LABOR

120 DAYS: UPHOLSTERY, HANDLES & ACCESSORIES