

LINE › FreeMotion  
 TYPE › selectorized

# LIFT

MODEL › GZFM6012  
 FEATURE › adjustable arm height



## FEATURES AND BENEFITS

**Swivel Pulleys** › Pulley design ensures fluid cable travel and provides nearly unlimited range of motion.

**Independently Adjustable Arms** › Arms adjust vertically in six settings, allowing users to perform a wide variety of exercises.

**Textured Platform** › Unique platform with grip texture helps to ensure stable foot positioning.

**Cable Travel** › Extensive cable travel allows for full exercise extension or flexion, single arm: 120 inches (305 cm), two arms: 60 inches (152 cm).

**Weight Stack** › Enclosed weight stack limits access to moving parts for user safety.

**Industrial Construction** › Equipment is built with 11- and 7-gauge steel and is electrostatically powder-coated.

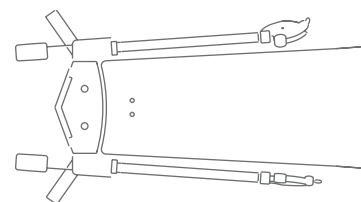
**Kick Plates** › 16-gauge, stainless steel kick plates protect the machine from wear and tear.

## SPECS › Selectorized Lift

MODEL GZFM6012

<b>Dimensions (LWH)</b>	76" x 42" x 73" (193 cm x 107 cm x 185 cm)
<b>Effective Resistance</b>	1 arm – 100 lbs. (45.5 kg) 2 arms – 200 lbs. (91 kg)
<b>Weight Stack Configuration</b>	5 – 50 x 5 lbs. (2.25 – 22.75 x 2.25 kg) 60 – 200 x 10 lbs. (27.25 – 91 x 4.5 kg)
<b>Weight</b>	940 lbs. (427 kg)
<b>Cable Diameter</b>	3/16-inch rated to 2,000 lbs.

Top View



› WARRANTY

10 YEARS: STRUCTURAL FRAME

3 YEARS: BEARINGS, GUIDE RODS, PULLEYS, WEIGHT STACKS

1 YEAR: CABLES

1 YEAR: LABOR

120 DAYS: UPHOLSTERY, HANDLES & ACCESSORIES